

*Art of Invitation:
Summary of Concepts*

Invitational approaches **build relational bridges.**

Invitational approaches honor the **Golden Rule** and use a **Second Thought.**

Invitational approaches use **3 keys** to connect with others:

- Seeking to understand, without judging, fixing, or having an agenda
- Sharing openly and honestly
- Caring and receiving care

Invitational approaches **overcome common relationship barriers:**

- Conflicting values
- Unmet relational needs
- Emotional dysregulation
- Uninvitational thinking

Invitational approaches **seek peace** in community and on a personal level with:

- a deep knowing that **we are all valuable** just as we are, and our significance is **not controlled** by other's opinions or actions.