

Pat: You are an enthusiastic person who has befriended Chris in the past. Chris needed help and you aided. You are passionate about supporting a local food pantry and ask Chris to sit at a table at church where people will bring food for a local pantry.

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Chris: You have been approached by Pat to sit at a table after church to collect food for the local food pantry. You are uncomfortable with crowds and really don't want to do it. Also, Pat has helped you and your family in the past and you don't want to disappoint anyone.

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Exercise taken from Art of Invitation Facilitator Guidebook, page 101. Used by permission for those who have registered as a facilitator. [Register here](#).